



Nourish

Media Toolkit

NourishLeadership.ca



Boilerplate

The food served in hospitals doesn't always support the healing process. Nourish believes this is a long overlooked opportunity. Change initially happens one hospital tray at a time, and as momentum builds, systems—big and small—can be transformed. Nourish is an initiative working throughout the country to make better food the cornerstone of a more sustainable, equitable, and preventative healthcare system. Nourish change in health care.

Primary Logos



Nourish



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Secondary Logos



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Program Logos



**Planetary
Health**

A Nourish Program



**Food is Our
Medicine**

A Nourish Program

Nourish

Anchor Cohort



**Planetary
Health**

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