Nourish

Nourish Planetary Plate Award

Protecting the health of people and planet for today and future generations.

The Nourish Planetary Plate Award recognizes those advancing the health of people and planet through thoughtful, systemic leadership in organizational food practices. Recipients demonstrate leadership in reducing the environmental impact of food in healthcare settings; advance climate-conscious food strategies that are culturally appropriate, nourishing, and rooted in equity and care; and, inspire change within and beyond their institution through education, collaboration, or innovation in planetary health.

Annie Marquez has made a tremendous impact by spearheading low-carbon menus, integrating sustainability goals into procurement, and building partnerships with community food organizations and diverse stakeholders. As part of the first Nourish Innovator cohort, Annie led the development of the Sustainable Menu Guide, a comprehensive, step-by-step resource designed to help food service directors navigate the complexities of six key dimensions of sustainability. In the second Nourish cohort, Annie expanded her impact by forging innovative partnerships to create Hôpital Solidaire - an initiative dedicated to providing free healthy meals for patients in hospital cafeterias and vouchers for fresh produce markets to improve food security and strengthen sustainable local food systems. Most recently, Annie has led a pioneering collaboration with La Transformerie, focusing on minimizing waste throughout the entire food journey, from field to tray to compost. Her visionary leadership continues to demonstrate how health care can serve as a catalyst for environmental stewardship, social responsibility, and planetary health.

Vancouver Coastal Health's Planetary Health Menu Project Team is redefining hospital food as a force for healing, cultural connection, and climate action. Led by Dr. Annie Lalande and Tiffany Chiang, the team unites chefs, clinicians, dietitians, and planetary health experts to build a more sustainable, patient-centred food system. The Planetary Health Menu Project demonstrates that sustainable food systems can elevate patient care, empower staff, and support the planet. With its blend of innovation, cultural relevance, and system-wide leadership, this initiative sets a national benchmark for climate-smart, compassionate health care.